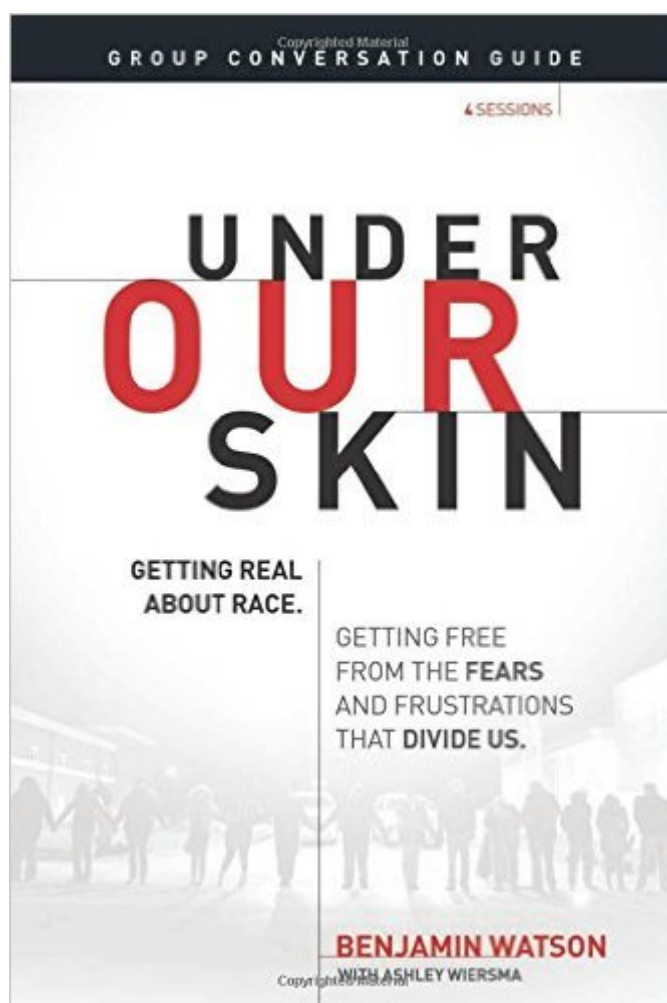


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# Under Our Skin Group Conversation Guide: Getting Real About Race. Getting Free From The Fears And Frustrations That Divide Us.



## Synopsis

Let's admit it. When it comes to the topics of race and racism in our country, we all feel a range of emotions—we're angry, offended, sad, hopeless, and confused. Based on Benjamin Watson's groundbreaking book, *Under Our Skin*, the *Under Our Skin Group Conversation Guide* leads you on a four-week journey to honest conversation about race, bias, and justice in our nation. For so many people, the racial divide is an argument, a political position, a debate on TV. But keeping our distance isn't working. The truth is that change starts here, with us. An NFL tight end for the Baltimore Ravens and a widely read and followed commentator on social media, Benjamin offers a look at both sides of the race debate and appeals to the power and possibility of faith as a step toward healing. Filled with personal stories and insights, *Under Our Skin* offers a bold new path toward healing the racial conflict of our world.

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